



# WINTER PENTATHLON/TETRATHLON HELSINKI

17-18. January 2009

Program :

**Friday 16.01 2009**

15.00 Transport from Hotel to shooting range

16.00 Technical meeting at shooting range

18.00 Shooting

20.00 Dinner in Hotel Meripuisto

**Saturday 17.01 2009**

09.00 Transport to ski resort

11.00 Downhill at ski-resort Peuramaa

14.30 Cross country skiing at Peuramaa

18.00 Sauna and dinner at Hotel Meripuisto

**Sunday 18.01 2009**

09.00 Fencing at Olympic Stadion

14.00 Riding for 8 best in pentathlon

18.00 Prize giving ceremony

Hotel Meripuisto \*\*\*\* costs including breakfast Euro 59.-per night double room and 49 .- single room per night. Ski rental for downhill skis is 35.- including lift , rental for cross country skis 20.-. Competition cost is 80.- for Pentathlon and 50.- for tetrathlon .

Competition leader Jan Bade and Jouko Pakarinen , last entry date is 5. January 2009. Further information [jan.bade@gepefinland.com](mailto:jan.bade@gepefinland.com)  
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